

# Health, Social Care and Sport Committee

## 3rd Meeting, 2022 (Session 6), Tuesday, 25 January 2022

### Inquiry on health and wellbeing of children and young people

#### Introduction

1. At its meeting today, the Health, Social Care and Sport Committee will take evidence from stakeholders as part of its inquiry into the health and wellbeing of children and young people.
2. The evidence session today will focus on health and wellbeing in schools and education.

#### Background

3. At its work programme discussion on 5 October 2021, the Health, Social Care and Sport Committee agreed to hold an inquiry into the health and wellbeing of children and young people.
4. The Committee subsequently agreed that the aim of the inquiry was to address key issues affecting the health and wellbeing of children and young people including:
  - Child poverty (including the [Scottish Government's current child poverty delivery plan](#)), inequality and adverse childhood experiences;
  - Issues affecting care experienced young people;
  - Mental health, access to Child and Adolescent Mental Health Services and the importance of early intervention; and
  - Health and wellbeing in schools

#### Structure of the inquiry

5. The Committee issued a call for evidence on 2 November 2021 which closed on 7 December 2021. The Committee sought views on:
  - What are the key issues around health and wellbeing for children and young people in Scotland?
  - What are the current challenges with improving the health and wellbeing of children and young people over the next 5 years
  - What offers the best opportunity for improving the health and wellbeing of children and young people over the next 5 years

- How does addressing poverty lead to improved health and social care outcomes?
6. The Committee received 96 responses which can be viewed here: [Published responses for Inquiry into the Health And Wellbeing of Children And Young People - Scottish Parliament - Citizen Space](#)
  7. The Committee’s inquiry consists of six sessions in January and early February 2022:

<b>11 January 2022</b>	Panel 1: Evidence session with stakeholders
<b>18 January 2022</b>	Panel 2: Evidence session with stakeholders Panel 3: Evidence session with stakeholders
<b>25 January 2022</b>	Panel 4: Evidence session with stakeholders
<b>1 February 2022</b>	Evidence session with the Scottish Government
<b>8 February 2022</b>	Evidence session with the Scottish Government

**Clerks to the Committee**

**20 January 2022**