



The Scottish Parliament
Pàrlamaid na h-Alba

Education and Skills Committee

Sharing Your Views with the Education & Skills Committee

Support for Survivors

We know that submitting evidence to this inquiry may be difficult for some people. There are several organisations that can provide support to those who have experienced abuse.

Citizens Advice Scotland have listed a number of organisations on their [website](#), including the following organisations who can provide support for adults who experienced abuse as children:

Future Pathways - offers help and support to people who were abused or neglected as children while living in care in Scotland.

Survivor Telephone: 0808 164 2005 (Monday to Friday 10.00am to 6.00pm)

Email: registration@futurepathways.co.uk

Website: www.future-pathways.co.uk

National Association for People Abused in Childhood (NAPAC) - offers support to adult survivors of all types of childhood abuse, including physical, sexual, emotional abuse or neglect.

Support line: 0808 801 0331

Monday to Thursday 10am to 9pm, Friday 10am to 6pm

Calls are free from landlines and mobiles. They will not show on a phone bill.

Website: www.napac.org.uk

Rape Crisis Scotland - provides free and confidential support and information for anyone affected by sexual violence.

Tel: 0141 331 4180 (Monday-Friday 9.30am-4.30pm)

Free Helpline: 08088 01 03 02 (every day between 6pm and midnight)

Minicom: 0141 353 3091

Fax: 0141 332 2168

For support by email: support@rapecrisisscotland.org.uk

General Email: info@rapecrisisscotland.org.uk

Website: www.rapecrisisscotland.org.uk

SurvivorsUK - provide information, support and counselling for male victims/survivors of rape and sexual abuse

Text-based helpline: 020 3322 1860 (Monday to Friday from 10.30am to 9pm; Saturday and Sunday 10am to 6pm)

WhatsApp-based helpline: 07491 816064

Office tel: 020 3598 3898 (Monday to Friday from 9.30am to 5pm)

Email: info@survivorsuk.org

Website: www.survivorsuk.org

Written submission requirements

Before you send us your written submission, there are some things that it's important to be aware of, including what information we can and can't accept or publish.

Please do—

- **Look at the questions we've asked in our Call for Views** - these will highlight some of the key areas the Bill covers. However, you are also welcome to comment on any other aspect of the Bill. Please don't feel you have to answer every question, only answer those where you feel you have something to say.
- **Try to keep your submission concise** - we recommend that your submission is a maximum of 4-6 sides of A4 paper. We welcome submissions shorter than this too.
- **Identify solutions** – if you find something in the Bill that you think could work differently or better, please let us know. This helps us make recommendations to the Scottish Government about how the Bill could be improved.

Please avoid—

- **Naming individuals** in your submission or providing information that could lead to the identification of any other individual. If you include this information, we may ask you to remove it.
- **Using language** or wording that is defamatory, offensive or inappropriate, for example swear words, insults, sarcasm or other language that could reasonably be considered offensive by a reader.
- **Including copies of correspondence with MSPs or bodies such as local authorities, photographs or Freedom or Information responses** – you can, however, summarise what these say in your written submission.
- **Mentioning anything that is the subject of continuing court proceedings** – this includes cases that are currently being considered by the courts or are likely to be considered soon.
- **Provide links to external web-pages** where there is the ability to leave comments – e.g. news articles. We can't publish these as we have no control over what is said in the comments section.

What happens next?

When you send in a written submission, it won't appear on the Education & Skills Committee's web-page straight away, as we need to check it before we publish it. This is to make sure that what you've written meets our guidelines.

We will usually publish written submissions under your own name. You can find details of our privacy notice [here](#). If you are a young person under the age of 18, your privacy notice is [here](#).

If you **don't** want us to publish your written submission under your name, please contact us via es.submissions@parliament.scot to discuss options that may be available.

Where do I find more information?

If you have any other questions about sending in a written submission, including how you can do so in another format (e.g. large print), please contact the Education & Skills Committee on es.submissions@parliament.scot