

## **Diabetes Cross Party Group**

### **Minute of AGM, 19 February, 2013, CR6**

**[Minute to be approved at next AGM]**

#### **1a Present**

David Stewart MSP, Co-convenor

Nanette Milne MSP, Co-convenor

Jane-Claire Judson, National Director Diabetes UK Scotland

Stephen Fyfe, Media and Communications Officer, Diabetes UK Scotland

Dr Helen Hopkinson, New Victoria Hospital Glasgow, speaking on DAFNE

Neil MacGowan, Head of Operations at SQA, speaking on DAFNE

Alastair Brookes, Development Manager, JDRF Scotland

Holly Davies, Senior Regional Fundraiser, JDRF Scotland

Steve Birnie, PAD Coordinator

Sue Hampson, SAMH

Melanie Littlewood, Abbott Healthcare

Alasdair McIntosh, Abbott Healthcare

Lucille Whitehead, Lifescan Scotland

Claire Heslin, Lifescan Scotland

Paula Collings, Lothian Diabetes Representative Group

Donna Lobo, Lothian Diabetes Representative Group

Bruce Knight, Lothian Diabetes Representative Group

Dani Cochrane, Young Volunteer, Diabetes UK Scotland

Sandi McKechnie, Young Volunteer, Diabetes UK Scotland

#### **1b Apologies**

Jackie Baillie MSP

Sir Michael Hirst

Isobel Miller, Lothian Diabetes Representative Group

**2 Minutes of last AGM**, 28 June 2011, approved by David Stewart and Nanette Milne.

**2a Matters arising** None

### **3 Election of office bearers**

**3a Co-convenors** David Stewart MSP nominated by Nanette Milne MSP. Nanette Milne MSP nominated by David Stewart MSP. Meeting agreed.

**3b Secretary** Diabetes UK Scotland nominated by David Stewart MSP and Nanette Milne MSP. Meeting agreed.

### **4 Invited Speakers**

**4a** David Stewart welcomed Dr Helen Hopkinson and Neil McGowan to the meeting

**Dr Helen Hopkinson and Neil McGowan** presented a talk on DAFNE and indicated they wished to ask the Scottish Government Health and Social Care Directorate to centrally fund an expansion of DAFNE to allow all Health Board areas to host DAFNE centres.

DAFNE is currently provided in five Health Board areas and 2,000 people with Type 1 diabetes are already DAFNE graduates in Scotland. However as a consequence of non-provision in some Health Board areas, there is effectively a postcode lottery on its availability. The costs of expanding the delivery of the programme would be £80,302 in Year 1 and thereafter an on-going cost of £47,450 a year.

Clinical audits and RCTs at local and national levels have demonstrated sustained benefits on blood glucose control and psychological well-being; severe hypos were reduced by 60% resulting in reduced paramedic call outs; hypo awareness restored in 43% of participants without hypo awareness and a reduction in insulin prescribing costs.

A discussion followed and the Cross Party Group **agreed** the following actions:

- The Cross Party Group will submit the report from DAFNE to Scottish Government Ministers;
- Jane-Claire Judson, Diabetes UK Scotland will submit the report to the Scottish Diabetes Group;
- Recommend that DAFNE work with Diabetes UK Scotland and other relevant organisations to initiate a petition through the Scottish Parliament's Public Petition's process;
- Invite the Cabinet Secretary to address a future meeting of the Cross Party Group.

**4b Transition:** As Sir Michael Hirst submitted his apologies, Jane-Claire Judson indicated that a summary of the findings from the Diabetes Think Tank would be included in her following presentation.

**4c Children and Young People:** Jane-Claire Judson, National Director of Diabetes UK Scotland presented a talk on Diabetes UK Scotland's launch of the 4Ts campaign. Diabetes UK Scotland's new campaign to stop more children being diagnosed with Type 1 diabetes before they become seriously ill. One in four children diagnosed with Type 1 diabetes are admitted with diabetic ketoacidosis (DKA) and this is more common in those under 3s, where as many as one in three are admitted with DKA. DKA is life threatening and requires urgent medical treatment.

Diabetes UK Scotland wants every parent, carer, teacher and anyone who looks after children to know and remember the most common symptoms of Type 1 diabetes, the 4Ts. The campaign also wants healthcare professionals especially those in primary care to carry out the right test to diagnose Type 1 quickly and to make immediate referrals to specialist treatment if test indicates diabetes.

The four Ts campaign with a key awareness raising message of Toilet; Thirsty; Tired and Thinner will be available as posters to raise awareness amongst schools and in community settings and a care pathway for healthcare professionals has also been produced – all materials for the campaign can be ordered for free from the Diabetes UK shop.

A discussion followed and the meeting agreed to contact the convenors of the Asthma and Epilepsy Cross Party Groups to investigate the possibility of a future joint meeting to make joint recommendations on the transition from paediatric to adult care for young adults with these conditions.

Nanette Milne suggested that a Member's motion would be suitable and that the subject be raised when the Cabinet Secretary comes to a future meeting of the CPG. The meeting agreed.

**5 Any other business:** None

**6 Date of next meeting:** To be arranged once we have agreement of Cabinet Secretary to attend a future meeting.

**7 Meeting closed** 19:40

**Minutes drafted by Stephen Fyfe, 20 February, 2013.**