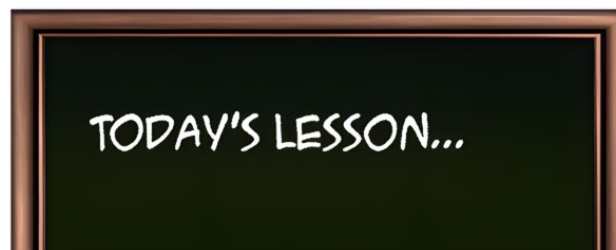




The Scottish Parliament
Pàrlamaid na h-Alba

Tell us what you think about the Restraint and Seclusion in Schools (Scotland) Bill



Easy read survey

Tell us what you think before
11.59pm on
Friday 11 July 2025



Who we are



The Scottish Parliament
Pàrlamaid na h-Alba

We are the **Education, Children and Young People Committee** of the **Scottish Parliament**.



A **committee** is a small group of people who are **Members of the Scottish Parliament**, also called **MSPs**.



The Scottish people decide who is an MSP by voting for them in elections.



The **Scottish Parliament** makes **laws** in Scotland.



Laws are rules that tell people what they can or cannot do.



They protect people and make sure everyone is treated in a good and fair way.



The Scottish Parliament also checks what the **Scottish Government** is doing.



© The Scottish Government

The **Scottish Government** decides how to run the country.



The Scottish Government and the Scottish Parliament are separate organisations.

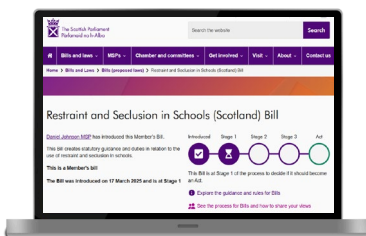
What this booklet is about



This booklet is about a new bill.
A bill is a document that could become a law.



The Bill is called the **Restraint and Seclusion in Schools (Scotland) Bill**.
The idea for the Bill came from an MSP called Daniel Johnson.



Go to our website to find out more about the Bill

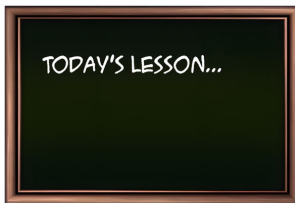
www.parliament.scot/bills-and-laws/bills/s6/restraint-and-seclusion-in-schools-scotland-bill

This information is not in Easy Read.



The Bill will become part of the law in Scotland if the other MSPs agree with it.

What the Bill is about



The Bill is about ways to help schools use **techniques** called **restraint** and **seclusion** less.



A **technique** is a certain way to do something.



Restraint means stopping someone from moving.



Seclusion means putting someone in a place on their own and stopping them from leaving.



Restraint and seclusion techniques might be used when children and young people behave in a difficult way or in a way that needs to be controlled.



Daniel Johnson MSP thinks restraint and seclusion techniques could be used less.



He thinks that if school staff had the right guidance and training, they would be able to

- **de-escalate** problems
- use the right techniques for different problems.



For the Bill, **de-escalate** means finding ways to calm children and young people down so restraint and seclusion techniques are used less.



This might include listening to them to find out why they are upset.



We tell you what the Bill says on the **next 4 pages.**



The Bill says the Scottish Government must make **statutory guidance and duties** about how restraint and seclusion techniques should be used in schools.



Statutory means something decided by law.



Statutory guidance is when the Government says how something should be done.



Statutory duties are things the law says people or organisations must or must not do.



The statutory guidance and duties would have to be followed by all types of schools, but not nursery schools.



People in charge of schools would have to think about the statutory guidance and duties when they write or change **policies**.



Policies are ideas or plans an organisation can follow about how something should be done.



For the Bill, a school policy might say that a person must have special training before they are allowed to use restraint on another person.



The Bill says schools must tell parents or carers when they use restraint or seclusion techniques on their child.



They must tell them what happened. They must do this within 24 hours of when the techniques were used.



The Bill says schools must **record** every time restraint or seclusion techniques are used.

Record means write information down and keep it somewhere it can be looked at.



© The Scottish Government



The information that is recorded must be sent to the Scottish Government.

At the end of each year, the Scottish Government must write a report on all the information it has been sent and send this report to the Scottish Parliament.



This helps show how much restraint and seclusion techniques are being used in schools in Scotland.



It also helps the Scottish Government and schools think about how they can use restraint and seclusion techniques less in the future.



The Bill says the Scottish Government must make a list of people who give training about how to use restraint and seclusion techniques in schools.



They must make sure the list is up to date.



The list must include information about the courses and training school staff should do.



All school staff who are likely to spend time with children and young people who might have restraint or seclusion techniques used on them should do the training.

Tell us what you think



We want you to tell us what you think about the Bill.

A rectangular box with a black border. At the top, the word "Questions" is written in bold. Below it are two blue speech bubbles, each containing a white question mark. Underneath the speech bubbles is a numbered list starting with "1." followed by three horizontal lines. Below the list is a large, empty rectangular box for writing an answer.

We have written some questions for you to answer. This is called a **survey**.

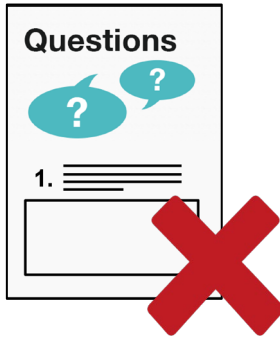
A sample survey page. At the top, it says "The survey" and "What we want you to tell us". Below that is "Question 1" which asks about school restraint and seclusion techniques. There is a small photo of three students. Below the question is a large, empty rectangular box for the answer. The page number "14" is at the bottom.

The questions are on **pages 14 to 18** of this booklet.



What you tell us is important. It will help the MSPs make the Bill better and decide if it should become a law.

About the survey

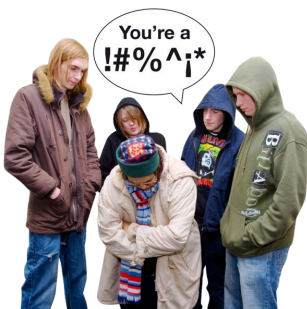


When you fill in the survey, there are some things you must not include in your answers.



You must not include

- information about someone else that could tell other people who they are, like their name, address or where they work.



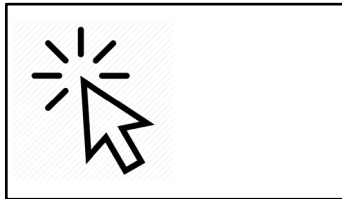
- **offensive** language.

Offensive means bad language that might upset people.



We will not use any parts of your answers that include these things.

How to fill in the survey



Type your answer in the box under each question.



You do not have to answer all the questions.



When you have filled in the survey, save it to your computer.

Attach it to an email and send it to this address

ECYP.committee@parliament.scot



The questions start on the next page.

The survey

What we want you to tell us

Question 1

The Bill is about ways to help schools use restraint and seclusion techniques less.

Do you agree with what the Bill says about how this can be done? Tell us why you agree or disagree.

Write in the box below.



The survey

Question 2

The Bill says schools must tell parents or carers when restraint or seclusion techniques have been used on their child within 24 hours.

Do you think 24 hours is the right amount of time?

Write in the box below.



The survey

Question 3

The Bill says schools must record every time restraint or seclusion techniques are used, and a report on this information must be sent to the Scottish Parliament every year.

Do you agree with this?

Write in the box below.







The survey

Question 4

The Bill says the Scottish Government must make a list of people who give training about how to use restraint and seclusion techniques in schools.

What do you think about this?

Write in the box below.

- 1 
- 2 
- 3 
- 4 

The survey

Question 5

Is there anything else you want to tell us about the Bill?

Write in the box below.

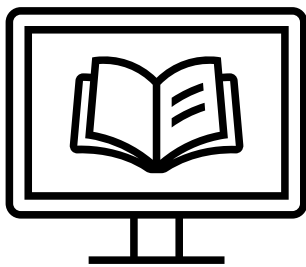


Thank you for answering our questions.

What we do with your personal information



Your **personal information** means anything you tell us that lets other people know who you are, like your name or email address.



If you fill in this survey, we will **publish** your name and what you tell us on a system called **Citizen Space**.

Publish means put something where other people can read it.



You can ask us not to do this.

Please choose 1 box to tell us what you want us to do.

☐

I want my answers to be put on Citizen Space **but not** my name.

☐

I want my name **and** my answers to be put on Citizen Space.

☐

I **do not** want my name **or** my answers to be put on Citizen Space.

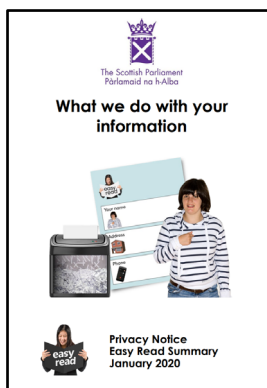


We might talk about what you tell us in committee meetings or we might put it in a report, but we will not include any personal information.

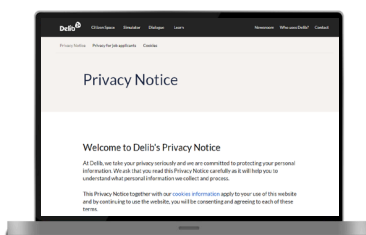


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https://archive2021.parliament.scot/Privacy-Notice/Submitting_Your_Views_to_A_Committee_Easy_Read.pdf



Go to this website to read the privacy notice for Citizen Space
www.delib.net/legal/privacy_notice

Contact us



If you have any questions about this booklet,

- send an email to this address info@parliament.scot
- or call this telephone number **0800 092 7500**



If you want information in other languages or in British Sign Language (BSL), please ask us.