

Cross-Party Group on IBD

Wednesday 7th December 2022 6pm VIRTUAL

Minute

Present

MSPs

Pauline McNeill MSP

Sue Webber MSP

Liam McArthur MSP

Invited guests

Karin Hunter, Unit Operational Manager for Medicine & Unscheduled Care

Dr Boyd Peters Board Medical Director NHS Highland

Caroline Brocklehurst

Non-MSP Group Members

Elaine Steven Crohn`s & Colitis UK

Pamela Smith

Dr Ian Arnott

Dr John Thomson

Michael Smith

CNS Pauline Bell

Dr Amy Bednarz

Edmund Murray

Kirsty Gibson

CNS Seth Squires

Dr Dagmar Kastner

Dr Santosh Salunke

Dr Jacqueline Paterson

Prof Richard Russell

Apologies

Ralph Roberts: CEO NHS borders

Pam Dudek: CEO NHS Highland

Michael Dickson: CEO NHS Shetland

Jann Gardner: CEO NHS Lanarkshire

Caroline Hiscox: CEO NHS Grampian

Colin Smyth MSP

Dr Eleanor Watson

Dr Jen Veryan
Dr Jonathan McDonald
Dr Dan Gaya
Dr Jonathan MacDonald
Lis Bardell
Dr Iain Chalmers
Derek McEwan

Agenda item 1

Welcome and apologies.

Pauline McNeill MSP welcomed everyone to the meeting and asked for approval to record the meeting for the purpose of minute taking.

Agenda item 2

The minute from CPG Meeting 21st September 2022 was approved

Agenda item 3

Follow up letters from the CPG, in response to the IBD Service and structure details previously received, have been sent to all Health Board CEO`s highlighting the Epidemiology Report patient numbers and inviting them to attend tonight`s meeting.

It is the intention to invite Health Board CEO`s to all future CPG meetings.

Motion [S6M-07024 | Scottish Parliament Website](#) has been tabled in support of the Early Diagnosis Campaign and has been signed by 22 MSP`s to date

Invitations to the Early Diagnosis campaign launch event on Wednesday 14th December have been sent to all MSP`s

Elaine Steven informed the group that support for the campaign had been given by Humza Yousaf MSP Cabinet Secretary for Health, Social Care and Sport in the form of a quote for use in the campaign Press Release and Social Media assets. A meeting had also been secured with Mr Yousaf early in 2023.

Agenda item 4

Pauline McNeill informed the group that there was still time to offer suggestions for the Workplan for 2023 but that it would include:

- A continued focus on Adolescent Services
- A continued focus on the Modernising Patient Pathways Programme (MPPP) IBD workstreams
- A continued focus on the Early Diagnosis Campaign objectives

AGENDA item 5

The Report from the Modernising Patient Pathways Programme (MPPP) National IBD Steering Group, Pan Scotland Staff Mapping Exercise. Dr Ian Arnott MPPP IBD Clinical Lead

Dr Arnott presented an update on the MPPP IBD Steering Group Staff mapping exercise, previously considered by the group, explaining that the questions had been refined to gain more granularity in order to be more assured about the results and to show the pattern of care across Scotland.

Dr Arnott further explained that the National IBD Steering Group had representation from all Health Boards in Scotland and from all IBD healthcare specialties.

For the purpose of the Staff Mapping exercise data had been collected from the key IBD specialties of nursing, medical, psychology and dietetics with IBD Steering Group members taking lead roles in each stream.

The purpose of the exercise was to accurately map staff provision, against the [IBD Standards | IBD UK](#) across Scotland, allowing IBD Services to assess their own service and to highlight variation in service provision across Scotland to Health Board Chief Executives.

Dr Arnott presented slides highlighting the lack of psychological support across the country and pointing out that the provision of dietetics and specialist pharmacists within IBD Teams was variable.

It was noted that every Healthcare Professional (HCP) involved in the care of people with Crohn's and Colitis is a necessary and valuable part of the Multi-Disciplinary Team (MDT).

Also noted was the value of Specialist Pharmacists in offering cost efficiencies and governance in the use of advanced therapies and that IBD Teams needed direct access to psychological support services rather than having to send patients back to their GP for referral.

Dr Arnott informed the group of the intention of the MPPP National IBD Steering Group to continue working through the Centre for Sustainable Deliver (CfSD) to align priorities and gain more support.

Dr Arnott finished by commenting that IBD HCP's were all engaged in improving service provision and that the coming together of patients, IBD Teams, Crohn's & Colitis UK and the CPG was a good model to achieve change and improve service provision.

Pauline McNeill thanked Dr Arnott for his presentation, commenting that the variation of service provision and Health Boards not meeting the IBD Standards was unacceptable and that this should be brought to ministers' attention.

Discussion ensued about the need, from a patient perspective, of co-ordinated care both from a physical and psychological aspect and the importance of the `patient voice` in service improvement.

Dr Salunke commented on the unacceptable and significant variation between IBD Services highlighted by the data, adding that the addition of good practice case studies within the report might be helpful.

CNS Seth Squires offered to support the drafting of the report from an IBD Nursing perspective.

Michael Smith, Lead Gastroenterological Pharmacist, commented on the value of pharmacists in transformation work to release capacity in IBD Services, particularly saving on IBD Nursing time allowing nurses to see more patients rather than some of the admin related activity previously undertaken.

Elaine Steven informed the group that a dissemination plan for the final report from Staff Mapping Exercise Report was being developed, adding that we know there are over 50,000 people living with Crohn`s and Colitis in Scotland and that the report should highlight the inequity of service provision and raise questions about health service planning for IBD.

Boyd Peters: Medical Director NHS Highland, commented on the multi factorial workforce challenges faced by smaller Health Boards and those with large geographical areas and dispersed populations, making recruitment and career progression difficult. He added that different solutions to staff resourcing may need to be found.

Dr Arnott responded by saying that these are well made points but that there remains a need to highlight the current situation in IBD service provision and to maintain a focus on this important and expanding condition.

There was no other business.

Pauline McNeill thanked everyone for their contributions, adding that she looked forward to welcoming everyone to the Parliamentary launch of the Early Diagnosis campaign on the 14th December.

CPG Meeting Dates 2023:

- 22nd March
- 14th June
- 20th September
- 13th December

