Cross-Party Group Registration Form

Name of Cross-Party Group

Cross Party Group on Health Inequalities

Purpose of The Group and Proposed Discussion Topics

- 1. Please state the purpose of the Group.
- 2. Please also provide a brief explanation of the purpose of the Group and why the purpose is in the public interest.
- 3. Please also provide details of any overlaps with the purpose of existing Cross-Party Groups and an explanation of why, regardless of any such overlap, the Group should be established.
- 4. Please also provide an indication of the topics which the Group anticipates discussing in the forthcoming 12 months.
 - 1. "The group aims to raise awareness of the causes of health inequalities amongst parliamentarians to influence legislation and amongst policy makers to promote evidence based actions which reduce health inequalities and to avoid legislation and policies which will make health inequalities in Scotland worse."
 - 2. Public interest: The gaps between those with the best and worst health in Scotland are persistent, some are widening, and too many Scots still die prematurely. Deprivation is the key determinant, although age, gender and ethnicity are also factors. Health inequalities are avoidable because they are rooted in political and social decisions and they are costly to society and to the NHS and other public services. The CPG will bring together politicians, public and professional bodies, third sector and academia to raise awareness, educate, inform policy making, and foster collaboration. There is significant public interest in health inequalities, and even more so since the onset of the Covid-19 pandemic.

The Secretariat's survey of existing CPG members in March 2021, ahead of the Scottish Parliament elections, resulted in a

strong response and overwhelming endorsement for the CPG being re-established. Additionally, reports by organisations such as The Institute of Health Equity say that the recovery from the pandemic could provide an opportunity to rebuild Scottish society and the economy in a way that prioritises addressing inequality and poverty, whilst tackling the challenges of the climate crisis. The COVID-19 pandemic has shone a light on existing health inequalities across society. If health inequalities are not focused on in the recovery, public health professionals, academics and voluntary organisations expect that gaps in health outcomes and access to services will continue to increase.

The level of public interest is for the reasons set out below.

Health inequalities are defined as the "avoidable and unjust differences in people's health across the population". The term is in wide use by governments and public health across the world. Health inequalities are unjust and should be avoidable, because their root causes are largely structural and economic, rather than down to individual behaviour.

<u>Health inequalities in Scotland</u> affect a wide range of different groups, including:

- disabled people, including learning disabilities
- some ethnic minority communities
- people who live in deprived areas
- unemployed and homeless people
- vulnerable groups such as refugees and gypsy travellers

Health inequalities mean there are differences in health between these groups and the rest of the population, such as:

- reduced life expectancy
- greater incidence of non-communicable diseases such as cancer
- · greater mortality from heart disease
- · worse reported mental health and wellbeing.

Reducing these inequalities in health has been prioritised by the Scottish Government and the NHS for a long time but, in recent

years, improvements in average life expectancy have stalled, and the gap in life expectancy between the most and least deprived areas has increased. Harms from the Covid-19 pandemic have not been spread evenly across society. People from the most deprived areas were much more likely to be admitted to hospital with serious illness from COVID-19, the death rate from the virus in the most deprived areas was double that of the rate in the least deprived areas, and people of South Asian background were around twice as likely to die from COVID-19 compared to white people.

Restrictions to daily life introduced in March 2020 to control the spread of COVID-19 have had a myriad of adverse effects on people's health and well-being, such as:

- some routine healthcare treatments delayed or cancelled
- screening for cancer and other diseases paused
- GP appointments moved online
- non-urgent dental and optometry appointments cancelled
- isolation and loneliness increased
- education disrupted
- · food insecurity increased.

All of these harms have had a disproportionate impact on a range of groups, including:

- those who were already suffering from poor physical and mental health
- people from ethnic minorities
- women
- younger people and children
- low-paid workers.

The <u>vaccination programme</u> has progressed very quickly but vaccine uptake has been lower in some groups of people and areas of Scotland. This includes people from some ethnic minority groups. This risks introducing more inequality in vulnerability to COVID-19.

3. **Overlaps:** There is no other group focused on inequalities or the inequalities of health. The CPG on Health Inequalities will concern itself with strategic and cross-cutting policy issues and evidence, because the underlying determinants of health inequalities are economic, social and environmental. The Group will seek to hold joint meetings with other CPGs during the

Parliamentary session, e.g. with the CPGs on Mental Health, Diabetes, and Improving Scotland's Health.

Topics to be discussed: The group aims to have four scheduled meetings per annum, with speakers and expert evidence at each meeting. At the registration meeting it was proposed that meetings focus on identifying and exploring new/radical thinking/evidence about what prevents, mitigates and reduces health inequalities, and that the group's meetings will be action oriented, seeking to generate outcomes such as parliamentary questions, member debates and motions.

MSP Members of the Group

Please provide names and party designation of all MSP members of the Group.

Emma Harper MSP, SNP

Brian Whittle MPS, Scottish Conservative

Paul O'Kane MSP, Scottish Labour

Donald Cameron MSP, Scottish Conservative

Carol Mochan MSP, Scottish Labour

Bob Doris MSP, SNP

Non-MSP Members of the Group

For organisational members please provide only the name of the organisation, it is not necessary to provide the name(s) of individuals who may represent the organisation at meetings of the Group.

Individuals	
Organisations	Voluntary Health Scotland – Secretary
	Age Scotland
	Alcohol Focus Scotland
	ASH Scotland
	Audit Scotland

AvoCard

Befriending Networks

Big Lottery Fund

Breast Cancer Now

British Dental Association Scotland

British Dietetic Association (BDA)

British Medical Association

British Liver Trust

British Lung Foundation

British Red Cross

Cancer Research UK

Cancer Support Scotland

Care Inspectorate

Centre for Health Policy, University of Strathclyde

Changeworks

Changing Faces

Chest Heart and Stroke Scotland

Children's Hospices Across Scotland: CHAS

Church of Scotland

Community Leisure UK

Community Pharmacy Scotland

Criminal Justice Voluntary Sector Forum (CJVSF)

Culture Counts

Cycling Scotland

Deaf Links Tayside

Energy Action Scotland

Energy Savings Trust

Eden Project Communities

Edinburgh Children's Hospital Charity

Edinburgh Health & Social Care Partnership

Edinburgh Voluntary Organisations Council (EVOC)

Family Fund Scotland

Genetic Alliance

Health and Social Care Alliance Scotland (The ALLIANCE)

HIV Scotland

Improvement Service

Inspiring Scotland

Ingeus

LGBT Health and Wellbeing

Macmillan Cancer Support

Margaret Blackwood Housing Association

Salvesen Mindroom Centre

MRC/CSO Social and Public Health Sciences Unit, University of Glasgow

Nourish Scotland

NSPCC

Pasda

Paths for All

Positive Steps

Public Health Scotland

Queen's Nursing Institute Scotland

Royal Society for the Prevention of Accidents (RoSPA)

Rowan Alba

Royal College of General Practitioners Scotland

Royal College of Midwives

Royal College of Nursing

Royal College of Physicians of Edinburgh

Royal College of Physicians and Surgeons of Glasgow

Royal National Institute for Blind People (RNIB) Scotland

Royal Pharmaceutical Society

Samaritans

Scotland Versus Arthritis

Scottish Families Affected by Alcohol & Drugs

Scottish Health Action on Alcohol Problems (SHAAP)

Scottish Independent Advocacy Alliance

Scottish Men's Sheds Association

Scottish Obesity Alliance

Scottish Rural Health Partnership

Seescape

Senscot

Saheliya

Shelter Scotland

St Andrew's First Aid

Streetworks

Stroke Association

Terrence Higgins Trust

The Global Health Policy Unit, University of Edinburgh

The Health Agency

The Open University

The People's Health Movement Scotland

Viewpoint

VOX Scotland Voices of Experience
Waverley Care

Group Office Bearers

Please provide names for all office bearers. The minimum requirement is that two of the office bearers are MSPs and one of these is Convener – beyond this it is a matter for the Group to decide upon the office bearers it wishes to have. It is permissible to have more than one individual elected to each office, for example, co-conveners or multiple deputy conveners.

Convener	CO-Conveners: Emma Harper MSP, Brian Whittle MSP and Paul O'Kane MSP
Deputy Convener	N/A
Secretary	Voluntary Health Scotland
Treasurer	N/A

Financial Benefits or Other Benefits

Please provide details of any financial or material benefit(s) the Group anticipates receiving from a single source in a calendar year which has a value, either singly or cumulatively, of more than £500. This includes donations, gifts, hospitality or visits and material assistance such as secretariat support.

NONE

Subscription Charged by the Group

Please provide details of the amount to be charged and the purpose for which the subscription is intended to be used.

NONE

Convener Contact Details

Name	Emma Harper MSP
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Parliamentary address	M4.06, The Scottish Parliament, Edinburgh, EH99 1SP
Telephone number	Office tel: 0131 348 6965 Mobile tel: 07967 780943

Statement on Compliance with The Code Of Conduct		
I declare that the Cross-Party Group on <subject> is constituted and will comply with the terms of Section 6 of the Code of Conduct for Members of the Scottish Parliament.</subject>		
Signed		
Date		