



The Scottish Parliament  
Pàrlamaid na h-Alba

# Tell us what you think about self-directed support for social care



## Easy read survey

Tell us what you think before  
**11.59pm on**  
**Friday 5 January 2024**



# Who we are



The Scottish Parliament  
Pàrlamaid na h-Alba

We are the **Health, Social Care and Sport Committee**.



A **committee** is a small group of people who are **Members of the Scottish Parliament**, also called **MSPs**.

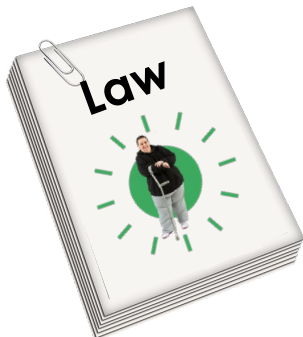


The Scottish people decide who is an MSP by voting for them in elections.



The Scottish Parliament makes **laws** in Scotland. **Laws** are rules that tell people what they can or cannot do.

# What this booklet is about



This booklet is about a law called the **Social Care (Self-directed Support) (Scotland) Act 2013**.



Go to this website to find out more about the law  
[www.legislation.gov.uk/asp/2013/1/contents/enacted](http://www.legislation.gov.uk/asp/2013/1/contents/enacted)

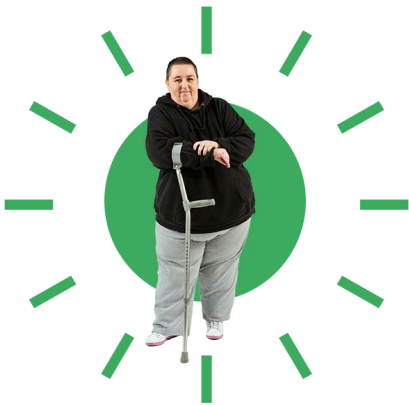


MSPs on the Health, Social Care and Sport Committee are looking at the law.

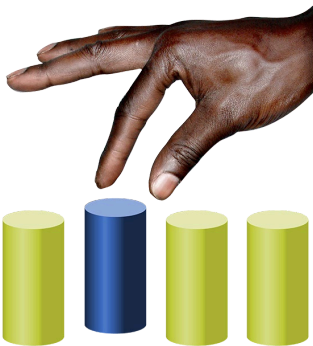


They want to find out if it is working well. If it is not working well, they want to find out what the problems are.

# What the law is about



The law is about **self-directed support** for **social care**.



**Self-directed** means you choose, arrange and manage the support you get.



**Social care** means help with activities like

- getting dressed.
- washing.
- taking medicines.
- preparing food.
- travel.
- taking part in social activities.

# Principles



A **principle** is a type of rule that helps you know what is right and shows you the best way to behave.

The law includes 4 important principles that should be part of all social care in Scotland.



- **Principle 1** Participation and dignity

**Participation** means taking part in something.

**Dignity** means you are accepted as you are, and other people use good words and actions towards you.



- **Principle 2** Involvement

**Involvement** means being included.



- **Principle 3** Informed choice

**Informed choice** means you have the right information to make good decisions about your life.

- **Principle 4** Collaboration

**Collaboration** is when people or organisations work together to make something happen.





## Options

An **option** is a choice.



If you have an **assessment** that says you need social care, the law says your **council** must give 4 options about how you get your support.



An **assessment** is when you are asked questions to find out your health needs.



Your **council** looks after services in your area, like schools, social care and housing. Councils are also called **local authorities**.



We tell you what the 4 options are on the next page.

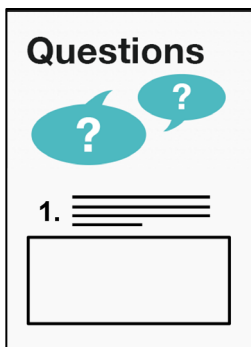




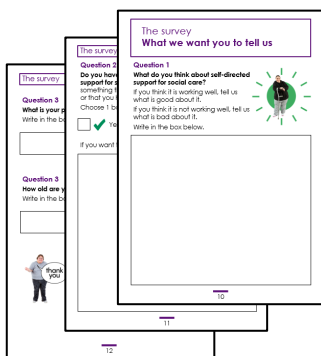
# Tell us what you think



We want you to tell us what you think about self-directed support for social care.



We have written some questions for you to answer. This is called a **survey**.



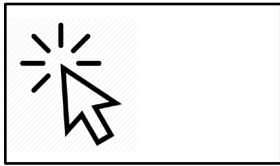
The questions are on **pages 10 to 12** of this booklet.



You do not have to answer all the questions.



# How to fill in the survey



- Type your answer in the box under each question.
- If the question has small boxes, click the box next to the answer you want to choose.



When you have filled in the survey, save it to your computer.

Attach it to an email and send it to this address

[hscs.committee@parliament.scot](mailto:hscs.committee@parliament.scot)



Do not give information about someone else that could tell other people who they are, like their name, address or where they work.



The questions start on the next page.

# The survey

## What we want you to tell us

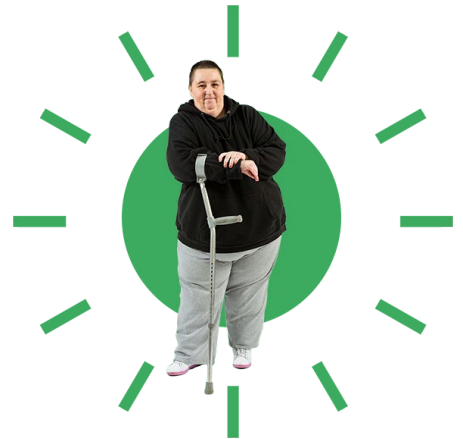
### Question 1

#### What do you think about self-directed support for social care?

If you think it is working well, tell us what is good about it.

If you think it is not working well, tell us what is bad about it.

Write in the box below.



## Question 2

**Do you have experience of self-directed support for social care? Experience** means something that has happened in your life or that you have been a part of.

Choose 1 box that is right for you.



Yes



No



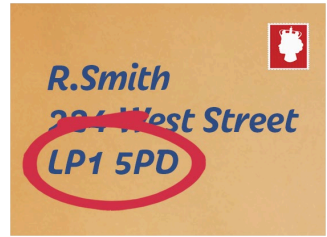
If you want to tell us more, write in the box below.

# The survey

## Question 3

**What is your postcode?**

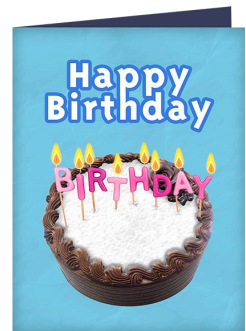
Write in the box below.



## Question 4

**How old are you?**

Write in the box below.



Thank you for answering our questions. What you tell us is important.

# What we do with your information



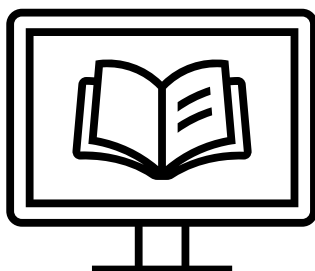
**Your information** means anything you tell us that lets other people know who you are, like your name or email address.



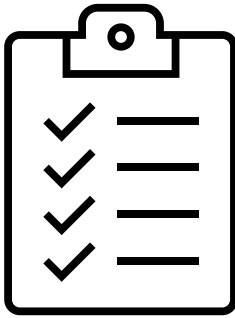
If you fill in the survey, we will keep what you tell us on a system called **Citizen Space**.



We will not **publish** your information or what you tell us in your answers.



**Publish** means put something where everyone can read it, like on a website or in a report.



We will read all the answers we get and write a **summary**. A **summary** is a short version that tells you the main information we find out.

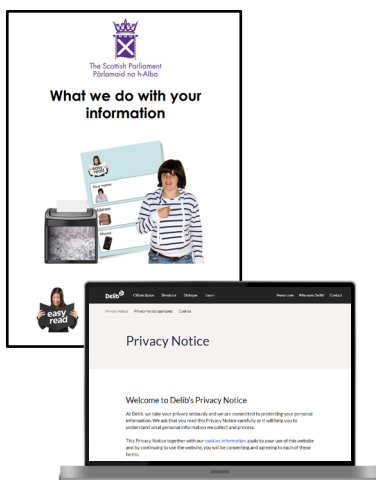


The summary will be published on the Scottish Parliament website. The MSPs will read the summary.



## Privacy Notice

A **Privacy Notice** is a document that tells you what an organisation does with your information.



- Go to this website to read an Easy Read version of our privacy notice  
[archive2021.parliament.scot/Privacy-Notice/Submitting\\_Your\\_Views\\_to\\_A\\_Committee\\_Easy\\_Read.pdf](https://archive2021.parliament.scot/Privacy-Notice/Submitting_Your_Views_to_A_Committee_Easy_Read.pdf)
- Go to this website to read the Citizen Space privacy notice  
[delib.net/legal/privacy\\_notice](https://delib.net/legal/privacy_notice)



# Contact us



If you have any questions about this booklet,  
send an email to this address  
[hscs.committee@parliament.scot](mailto:hscs.committee@parliament.scot)  
or call this telephone number  
**0800 092 7500**



If you want information in other languages or in British Sign Language (BSL), please ask us.