

**OFFICE OF CHAIR
& CHIEF EXECUTIVE**

Summerfield House
2 Eday Road
Aberdeen
AB15 6RE



Clare Haughey MSP
Convener
Health, Social Care and Sport
Committee

Via Email:
HSCS.committee@Parliament.Scot

Date: 19 November 2025
Our Ref: 111125 SG LSK 07 dc
Your Ref:
Enquiries to: Laura Skaife-Knight
Extension:
Direct Line:
Email:

Dear Ms Haughey,

Thank you for your letter, of 11 November, regarding The Food (Promotion and Placement) (Scotland) Regulations (SSI 2025/303).

Please see below response on behalf of NHS Grampian.

My colleagues have reviewed the new regulations concerning the promotion and placement of food and drink products in Scotland that have a high fat, sugar or salt content (HFSS). I am pleased to advise that as a health-promoting health service, we do not promote HFSS products within our areas such as buy one get one free, three for the price of two or unlimited refills of sugary drinks.

There is one convenience store which operates to SGF Healthcare Retail Standards (HRS), with assessment due soon, and the Aroma Coffee units and cafes operate on Healthy Living Plus principles (although assessment has ceased). The purpose of HRS is to ensure that any retail outlet in a healthcare building provides a range of food items that are not high in fat, salt and sugar. The general principle is that 50% of food items (and 70% of drinks) must meet the Provision Criteria shown at Annex A. In addition, promotion of products can only be for those that meet the Promotion Criteria at Annex A, see link below.

[Annex A - Criteria for the Healthcare Retail Standard - gov.scot](#)

I hope this provides the assurance you seek that we are taking account of the Regulations in our food and drink retail offers.