

PE2155/A: Improve support for people trying to give up e-cigarettes and vaping

Scottish Government written submission, 6 May 2025

The Scottish Government recognises the role that vapes can play in helping some smokers to quit, but they should not be used by non-smokers or young people as a recreational product. We do not yet fully understand the long-term effects vaping has on our health, though evidence shows that they are not harm-free.

The UK wide [Tobacco and Vapes Bill](#) includes actions to reduce the appeal and availability of vapes to children and non-smokers, in line with some of the recent World Health Organisation and Royal College of Physicians recommendations, including restricting flavours, regulating point of sale displays, and regulating packaging.

In our [Tobacco and Vaping Framework](#) we committed to work to improve information around vapes and increase awareness of avenues for support in stopping vaping or smoking, and committed to continue to fund and support our cessation services, looking to see how we can further develop this critical service.

Since the launch of the framework, we have improved available information through our [Take Hold Campaign](#) which educates parents, carers and young people on vaping addiction and signposts them to support through NHS Inform and Quit Your Way Scotland. We also continue to work with Public Health Scotland and territorial Health Board colleagues to implement the recommendations from the Review of Smoking Cessation in Scotland and consider how these important services can continue to develop in the future.