

PE1651/UUUUU

Anonymous submission of 30 January 2018

I was prescribed a SSRI, Paroxetine, in 1996, for exhaustion and stress.

Prior to coming of the drug, and putting on 40lbs in weight, I realised I was completely flat with no emotions. So after 9 months, I came off the drug and was told, by my Doctor based in Scotland, there would be no withdrawal symptoms. After coming off the drug, I was completely flat, anhedonic and emotionless and remain that way to this day. The withdrawal symptoms also included constant electric shocks throughout my body and painful zaps to my head, that continued for over a year. At the time, I was travelling a lot with work and had presumed it was something to do flight travel, never thinking a drug could do this. I also had all the symptoms of PSSD.

After this, I would never touch another pharma psychotropic drug, ever again. I have been left with fatigue, PSSD and worst of all constant anhedonia, and the inability to enjoy anything in life. I have joined many internet support forums, over the years, with other past users of SSRI's trying to find a 'cure', but unfortunately, although some natural processes helped to a point, I always reverted back to this 'new' baseline.

Anhedonia was never a condition, I had, prior to using this poison.