

PE1651/TTTTT

Anonymous submission of 21 January 2018

I was prescribed a few antidepressants for brief periods between 2007 and 2010 due to a problem with anxiety, giving up each time after a month or so when the drugs did not help. I took Zoloft initially, and then a couple years later Effexor and then Celexa. I still remember the first doctor saying the best thing about Zoloft was that it was safe. There was no mention of side effects, so when I suffered from ED during the treatment, and premature ejaculation afterwards, I didn't even connect the two, but those things don't spontaneously occur in a young adult. A few years later when sought help again, I eventually made the connection between ssri's and sexual side effects. Of course, I still had a lot to learn. Did you know that side effects can persist after coming off of these drugs? There is a condition called Post-SSRI Sexual Dysfunction (PSSD). Many doctors aren't aware of or refuse to recognize it. But 8 years after a month of 10mg/day of Celexa, I still suffer from genital anesthesia, low libido, and anhedonia. Pretty much every aspect of my sexual functioning is reduced or gone. I feel an emptiness in the area of my genitals as if their connection to my brain has been severed. Additionally I have a lack of appetite and thirst, as well as premature ejaculation which I believe was from the initial course of Zoloft. I stopped working in 2011 to focus on my health, and have still not found any relief.