

PE1651/RRRR

Anonymous submission of 21 January 2018

I was 17 years old when I took my first antidepressant, I was forced to. Now I'm 21 and injured suffering from memory issues, concentration problems, PSSD which is known as post-ssri sexual dysfunction basically I cannot feel anything sexual : no sexual pleasure, numbness genitalia, no arousal, no orgasm, no sensation down there !!!, brain fog, also insomnia I never feel sleepy which is super weird sometimes when I woke up I'm like "wait, wait how did I fall asleep if I wasn't even tired or sleepy ?!" I have no quality of sleep basically, severe headaches, muscle spasms and I think that's it ... I have many difficulties learning something new and this never happened before I took these terrible drugs !! Actually I was a top student, my memory was amazing and so were my grades, now that's all over... At the moment I'm in college, freshman year along with many difficulties associated with studying and not only.

When I was 17 I took sertraline plus some more anxiolytics and there was even a time I had to take sedatives but only for 2 months, then when I was around 19 I stopped all the medication for 3 months then returned. During those 3 months I felt many headaches and blurred vision when I woke up but I had no idea it was associated with withdrawal effect or whatever this is. After those 3 months started taking sertraline again then switched to cymbalta which I think it was the cause of my PSSD problem, cymbalta is known as a terrible drug which can literally kill someone. Then I decided to taper it off on my own as my psychiatrist didn't let me stop these, horrible mistake. It has been a year since I took my last pill, I still have all these problems and I only found out because I searched about sexual dysfunction after ssri's it was then that I found people commenting on the same symptoms I have at the moment and then I made the association !

Something needs to be done, these pills are being given like candies to people when behind there are so many secrets, really bad ones...
I'm from Portugal, no doctor here recognizes these as withdrawal effects as it has been a year since I left those.

Please, do something we need to take action !!

21, Portugal