PE1651/EEEEEEEE

Ann Kelly submission of 1 August 2018

I want to draw your attention to the <u>NHS Choices website</u> which provides a depression self assessment tool which was developed by Drs Robert L Spitzer, Janet B.W. Williams, Kurt Kroenke and colleagues with a grant from Pfizer Inc.

It is a series of 9 questions. Here they are:

Over the last 2 weeks, how often have you been bothered by any of the following problems?

- 1. Little interest or pleasure in doing things
- 2. Feeling down, depressed or hopeless
- 3. Trouble falling or staying asleep, or sleepint too much
- 4. Feeling tired or having little energy
- 5. Poor appetitie or overeating
- 6. Feeling bad about yourself, or that you are a failure or have let yourself or your family down
- 7. Trouble concentrating on things, such as reading the newspaper or watching television.
- 8. Moving or speaking so slowly that other people could have noticed. Or the opposite being so fidgety or restless that you have been moving around a lot more than usual.
- 9. Thoughts that you would be better off dead, or of hurting yourself in some way.

These are the descriptors that dictate if a patient is clinically depressed.

I have been hurt from mind altering drugs on a scale that is incalculable. I SATISFY ALL OF THESE DESCRIPTORS! So its fair to assume that anyone who has been hurt by mind altering drugs is going to display a huge percentage of these descriptors... Nervous system dysregulation will produce all of the above behaviours.

This means that victims of iatrogenic drug harm are encouraged to accept that the symptoms they are experiencing is 'depression' and to allow doctors to administer yet EVEN MORE DRUGS TO THEM!!!

Meanwhile it is my view that doctors facilitate this with complacency bordering on compliancy. Patients meanwhile are victims of the climate of silencing the truth. I am concerned that drug companies are therefore able to profit from this situation.

How long is it going to take before the dots are joined up?