

PE1651/EEEEEEEE

Makiko Kagimoto submission of 8 May 2018

In 2005 I CTed off benzo after 2 years used and It was nothing compare to later or now. Even I struggled with mood swing, rage, irritation, fatigue, anxiety, sleep issue, pain in shoulders and neck etc... First time I attempted to try to jump off the window this time. I still could stand up and walk normal. I still could go out with people. I had no idea WD or anything so 3months later went back to docs. They gave me more psych meds next to next. I went very very sick but I had no idea why. i just believed docs. My constant suicidal thought started. Physically I became very ill. just so many sxs. I couldn't understand this and visited many psychiatrists, but everyone was the same. I needed ambulance all the time and I was in danger all the time. No one could do anything. Family members, friends, doctors, nurses, social workers, police, ambulance guys, counselor and more. I completely lost my mind and very sick all the time. death is the only answer I believed. Total, I took more than 40 different psych meds and CTed all of them except last med benzo until I found the Ashton manual. I experience seizure, dystonia/dyskinesia, akathisia, psychosis and anything all dangerous symptoms. I believed I would get better and now I am 4 years and 8 months off now and I am still deathly ill all the time. I am losing hope. I don't know how much I can take this more. This is very insane. Total I have been fighting for 15years now. I can't believe I am still alive.