

**PE1651/EE**

Terry Morris submission of 6 January 2018

After being on alprazolam for 12 years prescribed to me by a doctor in Spain, I felt that my moods were changing and didn't have control of my life, I tapered off over a 9 month period and then the w/d symptoms started there are too many to mention here but I am sure know what they are, I have never taken another Benzo since stopping and have been free for 8 years it is the hardest thing I have ever done.

They have damaged every part of my body mentally and physically, and I hope something can be done so other people don't have to go through what I have I am now 73 and still suffering.