

**PE1651/AA**

Submission of 7 January 2018

Having a long-term psychiatric condition, bipolar disorder with Complex PTSD caused by childhood sexual abuse ( and adult rape) I have been on psychotropic medication since 1984. It has caused my weight to balloon to 90kg and with that I have developed Type 2 diabetes, hypertension, IBS and reflux' I have a lot of gastritis which is enervating. The long-term use of the anti-psychotic Seroquel has caused me to become very anaemic and I use ferro-grad C to treat this. I also use epilim (the mood stabilizer) and lovan, the antidepressant. These also cause weight gain.