I received an email from Capability Scotland regarding loneliness in young and old.

I often feel isolated due to my health issues, and I know for certain that these issues are dismissed by the present day attitude regarding the social equality for people like myself.

I am disabled through health problems and I am left to deal with this myself, there are no means to gain any support via health services and the care system, and of course the political aspects.

I live rural but close to Dundee, with regards to inclusion in society, this does not exist if I need help I must find the solution, there is no structure set aside to help anyone.

My health issues affect me badly and I am left isolated even though I have family, there's no form of providing support and inclusion to be found here, I do not think anything is offered to people like myself or others.

There is a huge divide in real life terms that has not included all elderly and young disabled to achieve their potential as human beings as equals.

The Scottish Parliament did nothing to stop the social impact on disabled and young and old through years of abuse of their rights to equal and live securely independent.

The impact on the social inclusion of the survey you are doing should be to gather evidence and to approach the political parties in Scotland and sort out the unjust and inequalities we face everyday.

If I ever meet with anyone who has the same medical problems I do, I would give them information to find some practical and professional help via the internet or give out addresses.

I have been in touch to the SNP a few times to ask for political help on making equality their agenda for the future but, they have never replied to any questions I have raised.

The disabled are being treated very badly with Westminster and Scottish government, it seems that when this government came to power they actively removed Remploy and are illegally forcing people to undergo medical tests time and time again.

The DWP ATOS, now Maximus are being used to remove security and social inclusion for disabled, it is all illegal if you check The Declaration of Human Rights, we are being made isolated throughout the system.
I had to fight hard to gain ESA and I can assure you I will continue to do so, the next step for me is P.I.P test once again I will have to battle the unjust and inhumane treatment I have received.

So in my opinion there needs to be massive changes to the whole structure of inequalities that cause isolation, it has to start at source redefine the laws and change the system from top to bottom.

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